

## **DEPARTMENT OF PSYCHOLOGY**

### **Annual Report – Academic Year 2024-2025**

The Department of Psychology at Mar Elias College, Kottapady has had a productive and successful academic year 2024-25. Our mission is to provide high-quality education, research, and community service in the field of psychology. This report highlights our achievements and activities during the past year.

The Psychology Department was established in the 2024-25 academic year, with the launch of Four-Year Undergraduate Programme (FYUGP) as per NEP 2020. Our first batch consists of 5 students, who are being guided by our single faculty member. The BSc (Hons) Psychology program commenced on July 1, 2024 with a comprehensive week-long orientation program, featuring bridge courses designed to facilitate a seamless transition for incoming students.

#### **Academic and Professional Development**

Students has made a remarkable debut, achieving outstanding academic results in their first semester. Including students who have an impressive overall grade of A+, our students have demonstrated a strong foundation in psychological theories and practical applications. Furthermore, they have actively participated in various inter-departmental and inter-college seminars, workshops, and fests, showcasing their skills, creativity, and critical thinking. These achievements are a testament to the students' hard work, dedication, and the department's commitment to providing a supportive and stimulating academic environment that fosters intellectual curiosity and personal growth.

#### **Events and Activities**

We organized several activities during the academic year 2024-25, Such as Mental Health day Celebration including short film screening and an Art therapy session on World Mental Health Day. Also, Psychology Department organized a Film Festival on the theme of "Friendship". The festival featured a curated selection of films that explored the complexities and nuances of friendships. This event not only provided a unique platform for cinematic appreciation but also fostered a sense of community and connection among students.

#### **Conclusion**

The Psychology Department's maiden year has been a remarkable achievement, characterized by exceptional academic performance, active participation in co-curricular activities, and a solid foundation for future development. As we move forward, we remain committed to our mission of delivering excellence in psychology education, research, and community outreach, and are eager to build on our achievements, expand our offerings, and cultivate a vibrant

community of scholars dedicated to advancing psychological knowledge and promoting social well-being.

Gadha K Jayan

Head of the Department